



# Datta Meghe World Academy

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Dear Parents,

Date: 05.08.2023

Conjunctivitis is an eye disease that occurs due to infections and it causes prickling pain, swelling, production of excessive tears, and discharge of thick mucus or pus from the eyes. Conjunctivitis or pink eye is one of the most common diseases related to the eye. This disease can pass from one to another.

### Symptoms of conjunctivitis:

- Pink or reddish colour in the white part of eye or eyes
- Conjunctiva swells
- Extra production of tears
- Thick discharge of mucus from eye or eyes
- Pricking pain in eyes
- Eyelids do not open in a normal shape
- Itching and irritation
- Burning eyes
- Crusting eyes in the morning

### Dos and Don'ts for conjunctivitis-

Follow the tips stated below for the treatment of conjunctivitis at home-

- Don't rub the eyes
- Wash your hands before and after touching your eyes
- Keep precautions to not spread it
- Use tissue paper to clear the tears and discharge of the eyes
- After touching an infected eye avoid touching another eye
- Maintain hygiene
- Wash your eyes with clean running water & consult the doctor for medication.
- Apply a light compress of cold-water-soaked cloth
- Don't take any medicine without consulting the doctor.

You are requested to note that if your ward is suffering from conjunctivitis, kindly allow them to take rest at home as it may affect other students as well.

The child can report to school only after receiving medical fitness certificate from the doctor.

Please note the child shall not be allowed even if he/she is wearing glasses.

A handwritten signature in blue ink that reads 'Rajeev Kumar'.

**Principal**